

2024 AUGUST

B.I.C - 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Pork Turkey Chicken Vegetarian Fish

Fun Facts!

Vitamin A supports good vision, immunity and growth! You can find Vitamin A in foods such as: Carrots, Sweet Potatoes, Peaches, Broccoli, Bell Peppers, Spinach, and Tomatoes!

1

Summer Break

2

Summer Break

5

Pink Concha
Craisins

6

Breakfast Burrito
Grapes

7

Double Chocolate Chip Bar
Apple Strawberry Crisps

8

Maple Pancake & Chicken
Sausage Sandwich
Sliced Apples

9

Pop Tarts
Orange Juice

12

Pepperoni Pizza Pocket
Craisins

13

Oatmeal Chocolate Chip Bar
Grapes

14

Maple Mini Waffles
Bananas

15

Ultimate Breakfast Round
Sliced Apples

16

Trix Cereal Bar
Apple Juice

19

Egg & Cheese
Breakfast Sandwich
Craisins

20

French Toast Bar
Grapes

21

Chocolate Concha
Apple-Strawberry Crisps

22

Chunky Monkey Bar
Sliced Apples

23

Mini Confetti Pancakes
Orange Juice

26

Triple Berry
Mini French Toast
Craisins

27

Blueberry Muffin
Grapes

28

Breakfast Cluster
Bananas

29

Apple Cinnamon Bar
Sliced Apples

30

Homemade Banana Bread
Apple Juice